

FEB 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pulled Pork on a corn bread waffle with bbq drizzle Cole Slaw Fresh Fruit	2 Turkey, Brie and Cranberry wrap White bean and herb salad
5 Italian wedding soup with sausage and escarole dumpling Roasted veggie slider with mozz & pesto	6 Chicken cheesesteak flatbread with sautéed mushrooms and onions, zesty ketchup drizzle Mixed greens	7 Salmon Burger With cucumber spread, spinach, tomato & pickled red onion Ginger & citrus couscous salad Peaches	8 Beef and vegetable pie with cheddar biscuit top Green Salad Fresh fruit	9 Baked Eggplant Parmesan Caesar salad Whole grain roll
12 Stuffed Cabbage Mashed Potatoes Steamed Vegetables Cinnamon Apple Sauce	13 Chicken Marsala With wild rice, broccoli & whole grain roll	14 Ham & Swiss Slider with lentil soup Pears	15 Biscuits & Sausage Gravy Green Salad Fresh seasonal fruit	16 Grilled Cheese with Tomato Basil soup
19 Apple baked pork loin Baby red potatoes with garlic, rosemary & olive oil Green Beans	20 Chicken, black bean & butternut chili Corn bread muffins with cheddar & mild green chilis	21 Salmon, fennel & dill lasagna (white sauce) Mixed greens salad	22 Baked ravioli with beef Bolognese & mozzarella cheese Caesar Salad	23 Asian fish and noodle bowl with bok choy, shredded carrots and lemongrass ginger broth Fresh Fruit
26 Turkey, brie & cranberry wrap White bean and herb salad	27 Pulled pork on a cornbread waffle with a bbq drizzle Cole Slaw Fresh fruit	28 Italian Chicken Stew Green Salad Herb & Garlic Toast		